Seminar on "Lactation Support as a Part of Antenatal and Postnatal"

on 28/08/2023

Banarsidas Chandiwala Institute of Physiotherapy has organized seminar on "Lactation Support as a Part of Antenatal and Postnatal Care" to instill the role of physiotherapist in alleviating the post-partum problems of a lactating mother. Dr. Pallavi Verma, from BPT Batch 2010, currently working at Aakash Healthcare Super Specialty Hospital, was invited as a Resource person. She explained the need for ergonomics in Lactating mother and how can different muscles be targeted while postural correction and recommending exercises. She also explained everything by demonstration on volunteers. Students openly asked questions and their queries. Being an alumnus, she connected very well with students. The seminar was a huge success. Dr. Nidhi Kalra (PT), Officiating In-Charge felicitated Dr. Pallavi Verma with a token of gift at the end of the session.





