

Panel Discussion on “Medical, Physiotherapeutic and Nutritional aspect of Forms of Inflammatory Arthritis”

15th September 2023

Objective: The main goal the seminar is to addressing the medical, physiotherapeutic, and nutritional aspects of forms of inflammatory arthritis is to improve the overall well-being and quality of life for individuals living with these conditions.

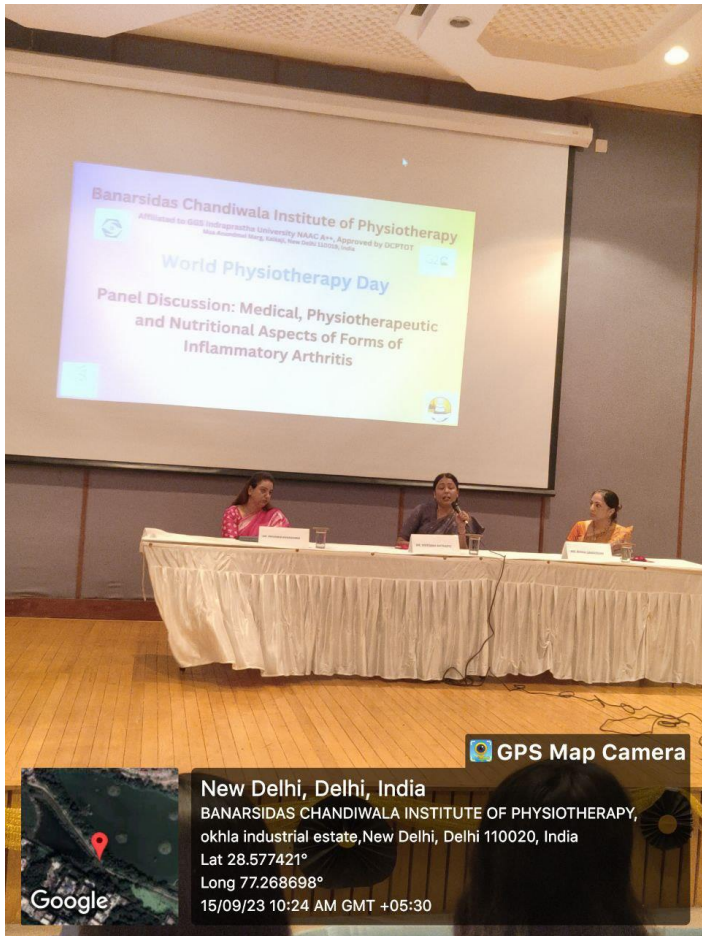
Description:

The Panel Discussion on "Medical, Physiotherapeutic and Nutritional aspect of Forms of Inflammatory Arthritis" aimed to shed light on the Ensure early and accurate diagnosis of inflammatory arthritis through regular screening and medical evaluation. The Panel Discussion emphasized the importance of development of personalized treatment plans that may include medications, physical therapy, and lifestyle modifications to control inflammation, relieve pain, and prevent joint damage.

Banarsidas Chandiwala Institute of Physiotherapy has organised Panel Discussion on “Medical, Physiotherapeutic and Nutritional aspect of Forms of Inflammatory Arthritis” to instil the role of physiotherapist in alleviating the work on maintaining or improving joint range of motion to promote independence and a better quality of life. Dr. Jyostna Verma, from BPT Batch 2009, She and her team at Dharma Advanced Physiotherapy Clinic ensure that each patient receives the highest level of care using evidence-based therapies was the resource person. She explained the need for development of tailored strength training programs to improve muscle strength and joint stability.

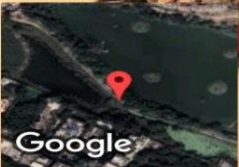
She also explained everything by demonstration on volunteers. Students openly asked questions and their queries. Being an alumnus, ma’am connected very well with students. The Panel Discussion was a huge success.

Dr. Nidhi Kalra (PT), Officiating In-Charge felicitated Dr. Jyostna Batra with a token of gift at the end of the session.





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