

Banarsidas Chandiwala Institute of Physiotherapy

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WORLD STROKE DAY AWARENESS 26th-30th OCTOBER 2023

World Stroke Day is held every year on the 29th of October, supported by the World Stroke Organization. This year's theme was focused on "Prevention is Greater than Stroke", providing key messages related to awareness about stroke and its signs & symptoms of stroke, and risk factors of stroke. With the same objective Banarsidas Chandiwala Institute of Physiotherapy has spread general awareness through an online campaign about stroke and its warning signs & symptoms of stroke, risk factors of stroke and the importance of rehabilitation of stroke by sharing E-posters, and Videos on different social media platforms. This helps the general population to better understand what is stroke. And make them remember & learn about the BE FAST.





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Prevention paves the way, but rehabilitation lights the path to recovery. On this World Stroke Day, let's champion #PreventionIsGreaterThanStroke and support the journey of rehabilitation for stroke survivors.

#stroke #prevention #rehabilitation #worldstrokeday #awareness #bcip #GGSIPU





Stroke is classically characterized as a neurological deficit attributed to an acute focal injury of the central nervous system (CNS) by a vascular cause, including cerebral infarction, intracerebral hemorrhage (ICH), and subarachnoid hemorrhage (SAH), and is a major cause of disability and death worldwide.

#Prevention is greater than stroke



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Balancing Techniques: Regaining Stability and Confidence with Post-Stroke Exercises



EXERCISES TO IMPROVE BALANCE POST



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Banarsidas Chandiwala Institute of Physiotherapy is observing World Stroke Week through inline campaign. Students of BCIP were actively involved in the campaign to spread wareness about stroke and its risk factors and management methods among the general

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