Webinar- Physiotherapy Week 2021

Navigating Pregnancy in Covid Pandemic

8th Sept, 2021

In every human's life, birth of a child brings the bucket of happiness, luck, warmth of love, affection and many more things in a positive way. To any women, the biggest ornament of their life is the birth of their child and biggest crown to them is a tag of mother. BCIP organized a webinar on 8th sept, 2021 on topic 'Navigating Pregnancy in Covid Pandemic''. Our esteemed speakers came on our platforms to share their valuable and important aspects to students and professionals with an insight into the same.

Dr. Anjum Ara, gave brief regarding the SARS coV-2 Virus and how it affects the life of a normal being with pointing over the clinical sign and symptoms of novel corona virus if any person is suffering through it. Then she enlightens us with symptoms and how to cope up in a pregnant lady. Then this session was followed by Dr. Aditi Srivastava (PT) who explained from enlightening aspects of physiotherapy.

She showed highly informative videos about how exercises can be helpful to such patients with clear and descriptive demonstration through the video. She briefed about the nutrition management and the importance of compassion and support from husband side.

It is fair to conclude that the session was a great success. Our speakers along with our viewers contributed in a way to conduct this event into smoothly running and informative webinar and descriptive videos and presentations.