

## **Banarsidas Chandiwala Institute of Physiotherapy**

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# Clinical case presentation series- 5th April 2024

#### **General**

The case presentation series was organised at Banarsidas Chandiwala Institute of Physiotherapy on 5<sup>th</sup> April 2024.

### **Objective**

Presenting different cases of physiotherapy can be a great way for students to learn and understand the practical applications of physiotherapy principles. Here are some case presentations that students might consider:

#### **Case presentation content**

Various cases were presented by students on different musculoskeletal, neurological and cardiopulmonary conditions- Each presentation included following.

Introduction- Brief background about the patient and their condition.

Physiotherapy Assessment-Description of the initial assessment findings, including range of motion, strength, functional limitations, and specific tests used.

Treatment Plan- Detailed physiotherapy interventions implemented, including frequency, duration, and progression of exercises or techniques.

Outcome measures- Evaluation of the patient's progress, including improvements in pain, range of motion, strength, and functional abilities.

Discussion- Reflection on the effectiveness of the treatment plan, challenges faced during the rehabilitation process, and recommendations for future practice.

**Conclusion-** The goal of case presentations is not only to demonstrate knowledge but also to develop clinical reasoning, communication, and presentation skills. With practice and

continuous learning, students can improve their performance and become proficient in presenting clinical cases.





