

Banarsidas Chandiwala Institute of Physiotherapy

Identification of flora within the Chandiwala Estate

Date: 16th February 2024

General

Concrete jungles, tall buildings, and a lack of green spaces often characterize urban environments. However, incorporating nature into urban settings is aesthetically pleasing and vital for our well-being. We can improve the quality of life, promote mental and physical fitness, and create a more sustainable and harmonious urban landscape by finding creative ways to bring nature to urban environments.

Objective

To identify the population of flora present within the Chandiwala Estate, Kalkaji, New Delhi.

Participants

Total Students who participated in the program: 35 (BPT 4th, 3rd and 2nd year students)

Total Faculty participated in the program: 13 faculty Members

Program Coordinator: Dr. Prithvi Parasher, InCharge Eco-Club.

Activity Description

- Plants and greenery can transform your living space, improving air quality, adding visual appeal, and creating a soothing atmosphere.
- Incorporating plants and greenery is a way to connect with nature for those living in urban areas. It is a responsibility of each and every citizen to conserve the nature and adopt sustainable development.
- To generate the sensitivity about the topic of interest in our young minds, institutional Eco Club of Banarsidas Chandiwala Institute of Physiotherapy, organised the identification of flora within all the gardens and green areas of Chandiwala Estate.
- Students and faculty members with the help of Google Lens identified the plant species and comprehend general information, human utility of those species.

Outcome

- Students learn about the type and quantity of plants inhabiting the Chandiwala Estate.

- Students creatively got introduced with the morphological features of plant species present in Chandiwala Estate.
- Students learn various utilitarian values associated with the commonly available plant species.

Conclusion

- Students creatively got introduced with the population and morphological features of plant species present in Chandiwala Estate.
- Plantation Drive was planned to meet the lacunae.



