

AUG 2023 – JULY 2024

MOCK INTERVIEW

1. Placement cell of BCIP hosted a transformative mock interview session on 18th December 2023, tailored for Bachelor and Master of Physiotherapy (BPT and MPT) students, aiming to fortify their professional growth. The meticulously curated sessions emulated real-world interview scenarios, providing an invaluable platform for participants to refine their skills and bolster confidence in navigating professional engagements within the physiotherapy domain. Guided by industry experts, students engaged in simulated interviews designed to mirror authentic experiences. The sessions facilitated skill enhancement in communication, problem-solving, and critical thinking while offering profound insights into industry-specific expectations. Participants received constructive feedback, empowering them to fine-tune their interview techniques and grasp nuanced industry dynamics. The initiative not only honed interview skills but also fostered an environment conducive to peer learning and networking. The collaborative setting encouraged mutual support among participants, amplifying the overall learning experience. BCIP's commitment to nurturing aspiring physiotherapy professionals was evident through this initiative, equipping students with refined skill sets and a heightened understanding of their chosen field. As a cornerstone in professional grooming, BCIP's dedication to fostering excellence ensures a seamless transition for future physiotherapy practitioners into the professional realm.



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2. **The placement cell of BCIP hosted a transformative mock interview session** on July 08th, 2024, the Placement Cell of the Institute hosted a transformative mock interview session for physiotherapy students, designed to bolster their professional growth and preparedness. The session aimed at equipping students with essential interview skills, enhancing their confidence, and providing valuable insights into real-world recruitment processes. Industry experts and faculty members conducted the mock interviews, offering personalized feedback to help students refine their communication, presentation, and problem-solving abilities. The event proved to be a vital experience in preparing students for successful careers in physiotherapy, aligning them with industry expectations.

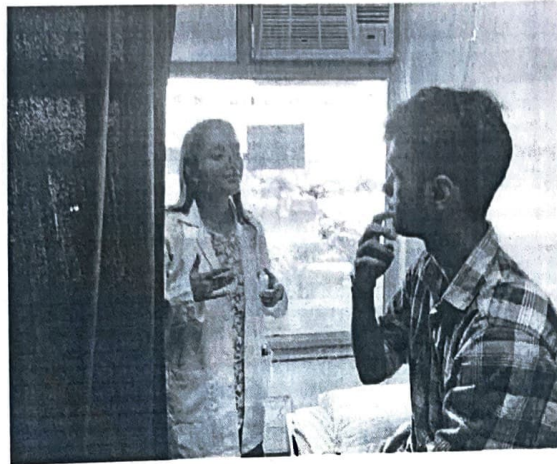


ROLEPLAY

1. **Banarsidas Chandiwala Institute of Physiotherapy organised an inter-batch Role Play Competition on the theme “Patient Therapist Interaction” on 16th October 2023.** Banarsidas Chandiwala Institute of Physiotherapy organized an inter-batch Role Play Competition on October 16th, 2023, with the theme “Patient-Therapist Interaction.” The event aimed to enhance students' communication skills and their ability to build rapport with patients, a crucial aspect of physiotherapy practice. Participants from various batches performed role plays that depicted realistic patient-therapist scenarios, emphasizing empathy, active listening, and professionalism. The competition provided an excellent opportunity for students to demonstrate their understanding of patient-



centred care, with the best performances receiving accolades for their creativity and skill in handling real-life situations.



GROUP DISCUSSION

1. **BCIP hosted a stimulating group discussion on November 21, 2023,** delving into the expansive domain of Physiotherapy. Attended by Final year BPT and MPT students, the session emphasised the diverse opportunities within this profession across healthcare sectors. Participants spotlighted the integral role of physiotherapy experts as crucial members of rehabilitation teams. The discourse illuminated the multifaceted nature of this field, showcasing its pivotal position in the healthcare system. The group discussion underscored the expansive scope for aspiring professionals, igniting enthusiasm and shedding light on the vast array of possibilities awaiting those venturing into the world of physiotherapy.



**stimulating
group
final-year
students,**



**recently hosted a
case-study-based
discussion for
physiotherapy
focusing on**

recent advancements in the physiotherapy field on 03rd April 2024. This interactive session aimed to enhance students' critical thinking,

problem-solving, and collaborative skills. Each group analysed complex clinical cases, integrating the latest advancements in physiotherapy, such as robotic rehabilitation, virtual reality therapy, and new pain management techniques. Faculty members facilitated the discussions, encouraging students to apply evidence-based practices. The event not only deepened students' understanding of modern physiotherapy interventions but also prepared them for real-world clinical challenges through hands-on, peer-driven learning.



Competitions

1. DEBATE COMPETITION ON 10.1.2024

Banarsidas Chandiwala Institute of Physiotherapy organized a Debate Competition on Topic " Higher Education vs Skill Acquisition on 10/1/24 . The objective of competition was to promote problem solving and innovative thinking, and helps students to build links between words and ideas that make concepts more meaningful. Debate students are taught to synthesize wide bodies of complex information, and to exercise creativity and implement different ways of knowing. BPT student's enthusiastically participated in the competition and presented their views very positively on both topics.

2. HANDWRITING COMPETITION ON 19.1.2024

Banarsidas Chandiwala Institute of Physiotherapy Organised a Handwriting Competition on 19 January 2024 The objective of this competition was to encourage students to improve their calligraphy skills. Handwriting is an essential skill for students. It is an incredibly important exercise for students to encourage them to develop fine motor skills and confidence. Ms. Himani from BPT 2nd year won the first prize , Ms. Tannu from BPT 3rd year won the second prize and Ms. Prashansa from BPT 1st year won the Third prize.

3. INTER BATCH BADMINTON COMPETITION 28-29th FEBURARY 2024

An inter batch badminton competition was organized at BCIP on Wednesday- Thursday, 28th-29th February 2024. The objective of the competition was to boost sportsmanship among students, encourage extra co curricular activities. Other objectives are to promote physical fitness and skill, mental alertness, mind mapping, ethical qualities, constructive social abilities, emotional maturity while providing enjoyment to the participants.

About the Winners

DOUBLES:

GIRLS: Bhavya Saxena & Bhumika Nagpal (2nd Year)

BOYS: Ayush Jakhmola & Sumit Gupta (3rd Year)

SINGLES:

GIRLS: Akansha Sah (2nd Year)

BOYS: Gaurav Bisht (4th Year)

Attendees

Total Students who attended the program

: 92



Outcome

- The sports witnessed intense matches, with students demonstrating remarkable teamwork and sportsmanship.
- Medals and certificates were awarded to the students

Beyond promoting physical fitness, this event plays a pivotal role in fostering qualities like determination, teamwork, and leadership in our students.

Conclusion

- Inter batch badminton competition boost the sportsmanship and promote social interaction and physical fitness among students. It was a breathtaking event with a mass participation.

4. Inter Batch Poster Competition: Khelo Holi Naturally on 27th March 2024

General

As per the GNCT Delhi Eco Club Advisory, Institutional Eco-Club organised an Inter Batch Poster Competition on the theme Khelo Holi Naturally

Objective

The objective of the activity program was to sensitize students hence community about the ecological hazards performed under the cape of a beautiful spiritual festival, and to motivate the mass to joyfully celebrate the festival of Colours in an eco-friendly manner.

Participants

Total Students who participated in the program: 7(BPT3rd and 1st-year students)

Program Faculty Co-ordinator : Dr.Prithvi Parasher, Eco-Club Incharge & Dr. C.S. Ram, Director

Activity Description

- Five BPT Third Year students and two BPT Second Year Students participated in the competition.
- The students were on spot instructed to draw he poster on the "Khelo Holi Naturally" on A3 size sheet and the allotted time to complete the poster was 1.5 hours.
- The designed poster was collected, screened as per eligibility criteria and submitted to a third party judge to screen them for winners.

Outcome

- Students enthusiastically participated in the competition and learn healthy competitive skills.
- They explored several eco-friendly or native traditional methods to celebrate the Holi festival.
- They learn skills of transforming several ideas and thoughts into self explanatory pictures.

5. Event Report Title: Inter Batch Chess Competition Date: 21st, March 2024

General

An inter batch chess competition was organised at BCIP on Thursday, 21st March 2024.

Objective

The objective of the competition was to boost sportsmanship among students, encourage extra co curricular activities. Other objectives are to promote concentration, mental alertness, mind mapping, ethical qualities, constructive social abilities, emotional maturity while providing enjoyment to the participants.

About the Winners

First Position:

GIRLS: Vanshika Satija (1st Year)

BOYS: Sourabh Kumar (2nd Year)

Second Position:

GIRLS: Shikha Chadha (4th Year)

BOYS: Ayush Jhakhmola (3rd Year)

Attendees

Total Students who attended the program : 15

BPT 4th year - 3 students, BPT 3rd Year - 2 students, BPT 2nd Year-5, BPT 1st Year- 5

Total Faculty who attended the program : 01

Outcome

- The sports witnessed intense matches, with students demonstrating remarkable sportsmanship.
- Every contestant was given 15 minutes to make their moves. The result was decided either by the timer or by Checkmate. All the matches were knockout matches and the looser had to go out of the tournament.
- Medals and certificates were awarded to the students.

Beyond promoting mental alertness this event plays a pivotal role in fostering qualities like determination, mind mapping, and leadership in our students.

Conclusion

- Inter batch chess competition boost the sportsmanship and promote social interaction and mental mapping among students.

BanarsidasChandiwala Institute of Physiotherapy organized a seminar on Disaster Management: Planning and Implementation on 25th April 2024. In this seminar, our esteemed resource person, Dr. Pooja Sethi enlightened the students about various Disaster management strategies and techniques. She explained how these techniques can be incorporated into our organizations. Students were able to understand how their role as health care professionals is different and important in such situations and they were able to learn something new at the end of the session.

Workshop

1. WORKSHOP ON 'COMPONENT LEVEL DEMONSTRATION OF ELECTROTHERAPY EQUIPMENT' DATE:7TH FEBRUARY 2024

General

The workshop was organised at Banarsidas Chandiwala Institute of Physiotherapy on 7th February 2024. A poster mentioning details of workshop was shared on social media platforms of BCIP.

Objective

The primary objective of workshop on electrotherapy equipment demonstration is to acquire, skill development, and ensuring that healthcare professionals are well-equipped to provide effective and safe treatments to their patients.

About the Speaker: Mr. Vimal from HMS Medical equipment's.

Topic of guest lecture: Component level demonstration of electrotherapy equipment

Attendees

Total Students who attended the program BPT 2nd year students

Total Faculty who attended the program : 02

Lecture content

- Resource person of the workshop provided insight on operation and functioning of electrotherapy equipment. Organizing a workshop on electrotherapy equipment demonstration can be highly beneficial for various professionals in the healthcare field, including physiotherapists, rehabilitation specialists, and other medical practitioners.
- Workshops provide a practical and hands-on learning experience, allowing participants to gain first-hand experience with electrotherapy equipment.
- Participants explored the features and functionalities of different devices, enhancing their understanding of how to use them effectively.

Outcome

- Participants developed and refined their skills in operating electrotherapy equipment, ensuring they can apply these techniques confidently in their clinical practice.
- Learning the proper techniques and settings can lead to improved patient outcomes and more effective treatment plans.
- Electrotherapy equipment has various applications in pain management, muscle rehabilitation, and physical therapy.

Conclusion

A workshop can help participants understand the diverse applications and tailor treatments to specific patient needs.



1. K-TAPING WORKSHOP ON 8TH DECEMBER 2023 Banarsidas Chandiwala Institute of Physiotherapy organized a workshop on Taping. Dr. Avi Choudhary encouraged faculty



members, Dr. Ifra Aman (PT) and Dr. Mohd. Asif (PT) to organize 30 and frame a 1 day workshop for BCIP MPT (Sport) students. Dr. Mohd Asif (PT) Assistant Professor shared his knowledge and experience with the students. Students were provided hands on practical demonstrations by Dr. Mohd. Asif (PT) for various sports injuries. The workshop was designed to provide outcome of Taping. Towards the end of session students were delighted to learn about various Taping techniques for different injuries and enthusiasm among them was top notch with suggestions to organize more number of such workshops in campus. Session ended with question answer round by clarifying the queries of the students. Overall it was a well-organized and productive session which helped the students of BCIP a lot. Feedbacks were collected from the students in which they expressed their desire to attend more such events.

2. WORKSHOP: DEMYSTIFYING ORTHOSIS AND PROSTHESIS ON 25.04.2024 & 26.04.2024

General

A 2 days' workshop on Orthosis and prosthesis was organized on 25th April 2024 and 26th April 2024 at the BCIP auditorium.

Objective The primary objectives of the workshop were:

- To enlighten students about the use of orthosis and prostheses in the acceleration of recovery or rehabilitation of patients.
- To Raise awareness about the use of orthosis and prostheses in the rehabilitation of patients.
- To Encourage students to learn and utilize the knowledge of orthosis and prosthesis inpatient rehabilitation.

Date of Event: 25 April 2024 - 26 April 2024

Location of Event: BCIP Auditorium

Students who attended the program: BPT & MPT Students

Faculty Members who attended the program: (Faculty Members & Staff

About the Speaker:

- Dr C. S Ram, Director BCIP KALKAJI
- Sh. Kaushal Kishore, Product developer at Walnut Medical.

Topic of the speaker: Demystifying Orthosis and Prosthesis.

Content of the event:

Day 1

The primary objective of the workshop is to expand the knowledge of students about the use of orthosis and prosthesis in patients' rehabilitation plans.

Mr. Kaushal Kishor the speaker taught students about the meaning of orthosis and prosthesis, Firstly, he taught them about basic anatomy and biomechanics of limbs. Dr. C S Ram also explained the parts of anatomy and biomechanics of vertebral column in an elaborative manner.

Further, Mr. Kaushal explained the orthosis and prosthesis, their types and categories based on the material (carbon steel, plastic, fibers, metal, etc.) and the location where they are used (for upper limb, lower limb thorax, etc.). Then he explained the indication of contra-indication and precautions to be used while in the selection of correct orthosis or prosthesis for patients according to the conditions.

He also discussed the method of selection of the right orthosis and prosthesis for patients.

Day 2

On the second day, Mr. Kaushal Kishore enlightened the student about the Prosthesis of the Upper extremity and Lower extremity. He showed light on the myoelectric hand and its usage for upper limb amputees. Further, he asked students to perform hands-on on the prosthesis considering its correct method of use, and also asked students to use it on each other. He also explained the advantages and disadvantages of many types and categories of orthosis and prosthesis which should be kept in mind which help in the selection of the best prosthesis for patients.

In the second half of the workshop, Dr. C S Ram enlightened the students about physiotherapeutic rehabilitation after the prosthetic application with special emphasis on stump management. He also showed various videos to the students for their better understanding.

Day 2 was concluded after felicitating the resource persons and delivering the vote of thanks.

Outcome

Students were able to understand the meaning, concept an application of Orthosis and Prosthesis in Physiotherapeutic conditions.

3. A REPORT ON WORKSHOP ON ICU ASSESSMENT, INVESTIGATIONS & MANAGEMENT

DATE: 22ND APRIL 2024 TO 23RD APRIL 2024

General

A workshop on ICU Assessment, Investigations & Management was organised at BanarsidasChandiwala Institute of Physiotherapy on Monday 22nd April 2024. A circular dated 17th April 2024 was published for the workshop.

Objective

The objective of a workshop on ICU assessment, investigations, and management is to equip healthcare professionals with the knowledge, skills, and tools necessary to deliver high-quality care to critically ill patients in the intensive care unit.

About the Speaker:

Dr. Purnima Kushwaha (PT), Assistant Professor, BanarsidasChandiwala Institute of Physiotherapy. She is graduated in Physiotherapy from BanarsidasChandiwala Institute of Physiotherapy, GGSIPU, Delhi in 2018 and Master of Physiotherapy in Cardiopulmonary from Jamia Millia Islamia in 2021. She is pursuing PhD in Physiotherapy from Galgotias University. Certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS).

Dr. Megha Arya is a graduate of Mahatma Gandhi University of Medical Science and Technology Jaipur. With a Master degree from Sharda School of Allied Health Sciences Sharda University Greater Noida specializing in Cardiopulmonary Physiotherapy. Certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS).

Dr. Sherry Prabhakar, an Alumni of BanarsidasChandiwala Institute of Physiotherapy. She has done my Fellowship of Six months in Cardiopulmonary Rehabilitation from Mediversity Apollo, and also certified ACLS practitioner. Presently she is working as a Physiotherapist Indraprastha Apollo Hospital, Sarita Vihar as a Team Leader in Intensive Care Unit , multiple organ transplant unit and working towards rehabilitation process aimed to meet individual needs of patients.

Dr.M.Thangaraj, is working as Professor & Principal at I.T.S Institute of Health & Allied Sciences, Delhi -Meerut Road,Muradnagar Ghaziabad. He has more than 15 years of experience in conducting workshops on Cardiopulmonary rehabilitation.

Topic of Workshop: ICU Assessment, Investigations & Management

Attendees

Total Students who attended the program : 83

(Bpt 4th year - 45 students, Bpt 3rd semester- 35 students)

Total Faculty who attended the program : 08

Lecture content

- The 2 days workshop on ICU (Intensive Care Unit) Assessment, Investigation, and Management was conducted with the aim of enhancing students understanding and skills in managing critically ill patients. The workshop covered various aspects including patient assessment, diagnostic investigations, and therapeutic management strategies in the ICU setting.

Topics Covered on Day 1 by Dr. Purnima Kushwaha, Dr. Megha Arya & Dr. Sherry Prabhakar:

- **Patient Assessment:**
 - Initial assessment of critically ill patients.
 - Importance of systematic evaluation including airway, breathing, circulation, and neurological status (ABCs).
 - - Use of scoring systems such as the Glasgow Coma Scale (GCS) and Sequential Organ Failure Assessment (SOFA) score for severity assessment.
- **Management Strategies:**
 - Hemodynamic management including fluid resuscitation and vasopressor therapy.
 - Mechanical ventilation strategies and ventilator settings.
 - Use of sedation and analgesia in critically ill patients.
 - Antibiotic stewardship and management of sepsis.
 - Renal replacement therapy in acute kidney injury (AKI) patients.
 - Importance of multidisciplinary teamwork and communication in the ICU setting.

Topics covered on Day 2 by Dr. M. Thangaraj:

- **Diagnostic Investigations:**
 - Essential diagnostic tests in the ICU including blood tests, imaging studies (X-rays, CT scans), invasive monitoring (arterial lines, central venous catheters) and auscultation.
 - Interpretation of laboratory values and imaging findings in critically ill patients.
 - Role of specialized investigations such as arterial blood gas (ABG) analysis, Pulmonary function test and electrocardiogram (ECG) in guiding management decisions.

- **Workshop Methodology:**

The workshop employed a combination of didactic lectures, case-based discussions, and hands-on simulation exercises to facilitate learning and skills acquisition. Participants had the opportunity to practice clinical scenarios in simulated ICU environments, allowing for the application of theoretical knowledge into practical scenarios.

- **Outcomes:**

Participants demonstrated improved understanding and competency in ICU assessment, investigation, and management following the workshop. Feedback from participants highlighted the effectiveness of the hands-on simulation exercises in enhancing their confidence and skills in managing critically ill patients. Moving forward, it is recommended to integrate similar interactive and practical components into future workshops to optimize learning outcomes.