## **SPORTS EVENTS**

## 5th-11th OCTOBER 2023

## **Objective**

To increase sports awareness and to bring sportsmanship among students

## Description

Banarsidas Chandiwala Institute of Physiotherapy (BCIP) organized Sports Events for BCIP BPT students from 5<sup>th</sup>-11<sup>th</sup> October 2023. Sports events include various games such as Yoga (Men+Women), Volleyball (Men + Women), Badminton (Men+Women), Tug of War (Men+Women), Cross Country (Men+Women), Athletics (Men+Women), Chess, Basketball and Cricket. Students from various batches participated in all the above-mentioned games.

The event's aim was to increase sports awareness and fitness among students and bring sportsmanship among them. Students can interact with each other and boost confidence. Sports helps to focus, maintain extracurricular activities, increase concentration, and helps you learn how to be calm under pressure.

The event was full of energy and the mass participation of enthusiastic students made the event successful.











