

## Workshop on K-Taping

8<sup>th</sup> DEC 2023

### Objective –

- To provide students hand on practice of K-Taping.
- To teach theoretical and practical knowledge about Taping to students.

### Description –

Banarsidas Chandiwala Institute of Physiotherapy organized a workshop on Taping. Dr. Avi Choudhary encouraged faculty members, Dr. Ifra Aman (PT) and Dr. Mohd. Asif (PT) to organize and frame a 1 day workshop for BCIP MPT (Sport) students. Dr. Mohd Asif (PT) Assistant Professor shared his knowledge and experience with the students.

Students were provided hands on practical demonstrations by Dr. Mohd. Asif (PT) for various sports injuries. The workshop was designed to provide outcome of Taping. Towards the end of session students were delighted to learn about various Taping techniques for different injuries and enthusiasm among them was top notch with suggestions to organize more number of such workshops in campus.

Session ended with question answer round by clarifying the queries of the students. Overall it was a well organized and productive session which helped the students of BCIP a lot. Feedbacks were collected from the students in which they expressed their desire to attend more such events.



