

S.No	Author's Name	Title	Name of Journal	Year	Issue/Volume	Page No.
1.	Mohd Asif, Kalpana Zutshi	Relationship Among Height, Explosive Power And Shoulder Strength On Smashing Accuracy In Male Badminton Players	European Journal of Physical Education and Sport Science	2018	Volume 4, Issue 9	92-106
2.	Mohd Asif, Manisha Sharma	Therapies Over Medication: Comparing The Effect Of Tens And Cupping Therapy To Enhance The Performance In Female College Going Students.	European Journal of Physical Education and Sport Science	2018	Volume 4, Issue 12	136-148
3.	Richa Rai, Priyanka Chough, Mohd Asif	Reliability of International Physical activity questionnaire short form IPAQ-SF for young adults in India	European Journal of Physical Education and Sport Science	2018	Volume 5, Issue 2	146-157
4.	Charu Chadda, Mohd Asif	Prevalence Of Musculoskeletal Neck Pain Due To Text Neck In College Students Of NCR	International Journal of Scientific Research and Review	2019	Volume 8, Issue 8	57-61
5.	Richa Hirendra Rai, Mohd. Asif, Jyoti Kataria and Priyanka Sharma	Level of Physical activity in college going students in Delhi	International Journal of Yogic, Human Movement and Sports Sciences	2018	Volume 3, Issue 2	830-832
6.	Richa Rai, Priyanka Chough, Mohd Asif	Assessment of level of physical fitness and level of mental stress in exercising and non-exercising physiotherapy students	International Journal of Yoga, Physiotherapy and Physical Education	2018	Volume 3; Issue 5	12-16
7.	Jyoti Kataria , Priyanka Chough, Mohd Asif	Relationship between core stability and performance in recreational cricket players	International Journal of Yoga, Physiotherapy and Physical Education	2018	Volume 3; Issue 6	1-5
8.	Mohd Asif, Zuheb Ahmed	Rehabilitation of Isolated Patella Fracture: A Case Report	International Journal of Science and Research (IJSR)	2016	Volume 5; Issue 7	980-982
9.	Tanya Gujral , Mohd Asif	Prognosis of Conservative Management of Shoulder Dislocation Fracture: A Case Report	International Journal of Science and Research (IJSR)	2017	Volume 6 ;Issue 1	757-759
10.	Mohd Asif	Robotic Rehab – An ease in phyiocare	“Therehabworld “ Magzine	28 <sup>th</sup> July 2018		

11.	Mohd Asif	Prevalence of musculoskeletal neck pain due to text neck in college students of ncr	International journal of scientific research and review	2019	Volume 8, Issue 8	57-61
12.	Charu Chadda, Mohd Asif	Effect of Psychological stress and physical ability on the quality of life in Sub-acute stroke survivors	International Journal for Innovative Research in Multidisciplinary Field	2019	Volume - 5, Issue - 7	28-31
13.	Richa Rai, Mohd Asif	Relationship of peak Expiratory Flow Rate with Waist Circumference, Hip Circumference and Waist to hip Ratio in young Adults	Ann National Acad Med Sci	2020	Scopus Vol. 56, no. 01	26 – 29
14	Apoorva Balodhi, Palak Manglik, Kajal Goyal, Mohd Asif	Minimizing the Adverse effect of work environment in upper limb: A Literature Review	European Journal of Physical Education and Sport Science	2020	Vol 6; Issue 9.	95-127
15	Rachit Bhatiya, Mohd Asif	Prevalence of Upper Cross Syndrome Among Delhi Higher Secondary School Students Due to Inadequate School	International Journal For Innovative Research In Multidisciplinary Field	2021	Vol 7; Issue 1	9-13
16	Apoorva Balodhi, Palak Manglik, Kajal Goyal, Mohd Asif	Correlation between Mental stress and heel pain in young Adults	International Journal of Scientific Research and Review	2020	Volume 9, Issue 1	10-23
17	Shaheen khanum, Mohd Asif	Association between Hours of Online Class Work and Musculoskeletal Problems among the Physiotherapy College Students in Delhi	Journal - International Journal of Health Sciences and Research	2022	Volume - Vol.12; Issue: 4;	24-29
18	Apoorva Balodhi, Palak Manglik, Kajal Goyal, Mohd Asif	Prevalence and Incidence Rate of Musculoskeletal Disorders in Elite Female Handball players: A Systematic Review	Journal - International Journal of Health Sciences and Research	2022	Volume - Vol.12; Issue: 4;	216-230
19	Richa Rai, Apoorva Balodhi, Palak Manglik, Kajal Goyal, Mohd Asif	Impact of exercise training duration on obesity and cardiometabolic biomarkers: a systematic review	Journal of Diabetes & Metabolic Disorders	2023		155-174

20	Mansi Dewan, Mohd Asif	Advances in Gait Rehab (A Book Chapter)	Integrated approaches in physiotherapy: linking innovation and tradition	May, 2024	1 <sup>st</sup> Edition, 978-93-5842-512-3	
21	Dr. Gaurav Agrawal, Dr. Kapila Jain, Dr. Ghazala Khan, Dr. Mohd. Asif	Evaluate The Relationship Between the Caregiver Burden Scale of Care Provided to Children with Cerebral Palsy	Educational Administration: Theory and Practice	May, 2024	2148-2403	Scopus
22	Dr. Ghazala Khan, Dr. Kalpana Zutshi, Dr. Mohd. Asif	Eating Attitude among Gym-Goers and Non-Gym Goers in Delhi- A cross sectional Survey Study	International Journal of Multidisciplinary Educational Research (IJMER)	June, 2024	Vol. 13, Issue:6	ISSN No: 2277- 7881