

List of Publication

1. Aman I., Zutshi K., Singla D. Dry needling versus corticosteroid injection in treating tendinopathy. A systematic Review. *Journal of International Society of Physical Rehabilitation Medicine*. 2023.(Accepted)
2. Zutshi. K., Khan.G., Aman.I. A survey of eating disorders in gymgoers and non gymgoers in south Delhi. *Journal of Advance Research in Psychology and Psychotherapy*. 2023(Accepted)
3. Zutshi.K., Aman. I.Implication of National Education Policy-2020 for Educational Backward communities. *University News. A Weekly Journal of Higher Education*.2023.6 (1),16-19. ISSN-0566-2257
4. Aman, I.,Zutshi, K., Sachdeva, T., &Khatoon, R. Physiotherapy Approach to Breast Engorgement: A Systematic Review. *International Journal of Advanced Research in Gynecology and Obstetrics*, 2022. 3(1), 10-15.
5. Zutshi. K., Aman.I.,.Start up in the Physiotherapy Profession and its impact on growth and development on the Indian economy. A review. *Contemporary Social Sciences*.2021.3(3), 18-24.
6. Munjal. J., Zutshi. K., Aman. I., & Khan R.M. Effect of physiotherapy on postmenopausal women. A Review of Literature. *International Journal of Advance Research inGynaecology and Obstetrics*.2021. 2(1), 4-8.
7. Zutshi. K & Aman. I. Impact of lockdown on sleep quality among collegiate students during covid 19. A Survey. *International Journal of Healthcare Education & Medical Informatics*.2021. 8(3), 4-7.

