

Dr. Nidhi Kalra

Publications

1. Valery Feign et al, N Kalra; Usability and feasibility of PreventS-MD web app for Stroke Prevention. International Journal of Stroke 2023.
2. Nikita Tripathi, N Kalra, Effect of Smartphone on Academic Performance and learning skills among the students of Physiotherapy, International J Pharm Bio Sci, Vol 14 Issue 3, July-Sep 2023, Pg 1-6
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4. Rachit Bhatia, Mohd. Asif, Nidhi Kalra; Prevalence of Upper Crossed Syndrome Among Delhi Higher Secondary School Students Due to Inadequate School Furniture. International Journal for Innovative research in Multidisciplinary Field Vol 7, Issue 1, Jan 2021.
5. Jaya Das, Nidhi Kalra; Effect of Uncontrolled Internet Use On Self Worth and General Health of College Students Amidst Coronavirus Outbreak. International journal of Scientific Research Volume - 9 | Issue - 9 | September – 2020.
6. Deepti, Nidhi Kalra; Effect of Smartphone Overuse On Stress and Sleep Quality in Young Adults Amid Covid-19 Pandemic. International journal of Scientific Research; Volume - 9 | Issue - 9 | September – 2020.
7. N Kalra, S Gupta, D Sashasbhudhe; An Observational Study to Understand the Features of “Syllabi” Of Under Graduate Physiotherapy Education in Western and Central India. Indian Journal of Public Health Research & Development Vol 11, No. 5, May 2020.
8. N Kalra, P Singh; Mobile Learning Among Physiotherapy Undergraduates: An Evaluation of Current Status, Dispositions and Performance. Indian Journal of Public Health Research & Development December 2019, Vol. 10, No. 12. Pagination: 111-117
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10. S Kalra, N Kalra Common Gynecological Problems in Female Athletes. International journal of Scientific Research Vol 8, Issue 1, Jan 2019.
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14. Vibhuti Nautiyal, Nidhi Kalra; Cervical Spine Posture of School Teachers. World Journal of Pharmaceutical and Life Sciences Vol 3, issue 4, May 2017.
15. Nidhi Kalra, Pratibha Singh; Smartphone and Medical Related App Usage Among Physiotherapy Students of Delhi. International Research Journal of Engineering and Technology Vol 4, Issue 5, May 2017.
16. S Kalra, N Kalra; Use of Information and Communication Technology by Physiotherapy Students Of Delhi, India. International Journal of Health Sciences and Research Vol 7, Issue 6, Jun 2017.

17. NidhiKalra, Pratibha Singh; ICT Usage by Physiotherapy Academicians: And Its Implications On Teaching and Learning. International journal of Science and Research Vol 6, Issue 5, May 2017.
18. S Kalra, N Kalra Effect of Hamstring Stretching Exercise On Balance. World Journal of Pharmaceutical and Life Sciences Vol 3 Issue 1, Jan 2017
19. Jyotsna Batra, NidhiKalra Prevalence of Work Related Musculoskeletal Disorders of Wrist and Hand Among Dental Professionals. International Journal of Physiotherapy and Research Vol 4, Issue 5, Oct 2016.
20. NidhiKalra, Pratibha Singh; Plausible Role of ICT in Transforming Physiotherapy Education. Indian Journal of Physiotherapy and Occupational Therapy: An International Journal Vol 10, Issue 4, Oct 2016.
21. Nidhi Yadav, NidhiKalra; Effect of Footwear On Balance Score. International Journal of Current Multidisciplinary Studies Vol 2, Issue 11, Nov 2016.
22. Ruchika Chugh, NidhiKalra, SumitKalra; Comparison of Lower Limb and Trunk Muscle Strength Training On Balance in Elderly Population. Physiotherapy and Occupational Therapy Journal Vol 9, No. 3, July-Sep 2016.
23. NitiKhurana, NidhiKalra, SumitKalra, Davinder Gaur, Comparison of Foot Characteristics in Ageing Patients with Osteoarthritis of the Medial Compartment of the Knee and of the Lateral Compartment of Knee. Indian J of Gerontology. Vol 30, No. 2, pp 200-209.
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