

Sankalp Sabha: Red Light On Gadi Off

3rd November 2023

There is no need to elaborate Delhi's current environment state, The Air Quality Index of Delhi and neighbouring areas are increasingly deteriorating. The present scenario of Delhi's atmosphere is very damaging for our health. If you look around you can clearly notice our the blanket of smog covering you all around. Irrespective of the causative reason, this smog is highly injurious to our health, researches reported that incidences of asthmatic exacerbation increases during this period, rhinitis, conjunctivitis, parenchymal lung diseases all flare up during this period. Unfortunately each year during the month of October-November, we encountered the same environmental state, however complete resolution is still not achieved. Our government actively launch various programs each year during this period to combat the issue including, OddEven, Road Spray, Plantation, Work from Home, Ban on Construction etc. All these programs were directly help to reduce the pollution and improve the environment quality, Specially on traffic signals a huge pool of vehicles generating loads of pollution can be easily noticed, they not only contributes to environmental deterioration but also hamper the resources by misusing them by switching on the engine during inactive road hours. In view of the same to contribute to this, Institutional Eco Club of Banarsidas Chandiwala Institute of Physiotherapy, New Delhi under the guidance of club incharge Dr. Prithvi Parasher (PT), organised a Light "On" Gadi "Off" pledge taking ceremony for our future minds, where students were made aware about the wise use of traffic signal, limiting the pollution and saving the resources.

