

WORLD HEART DAY SEMINAR

(29th September 2022)

Objective:

- The overall objective of World Heart Day is to bring together people from across the globe to fight against cardiovascular diseases.

Description:

World Heart Federation established World Heart Day to raise awareness about cardiovascular diseases (including heart disease and strokes) as the world's leading cause of death. The theme for World Heart Day for 2022 is "Use Heart for Every Heart." The theme highlights the goal to bring together people from across the globe to fight against cardiovascular diseases; Banarsidas Chandiwala Institute of Physiotherapy has organised a 1-day Seminar on "WORLD HEART DAY SEMINAR" on 29th Sept'2022. It was mentored by Dr. Madhur Kumar, Cardiothoracic Surgeon, Safdarjung Hospital, who is also an alumni of Batch 2007 discussed about the role of physiotherapy in preventing and managing cardiovascular diseases. She also spoke about preliminary factors one should be looking out for to start with the pre-rehabilitation.

Students of 3rd and 4th year along with MPT students participated in the webinar. Students came forward with their queries at the end of the session and both speakers Dr. Chhaya and Dr. Madhur answered them patiently. The seminar was appreciated by the students and faculty alike.

Students openly came up with their queries and questions to which Dr. Madhur Kumar patiently answered.

The seminar was a huge success. Dr. Nidhi Kalra (PT), Officiating In-Charge felicitated Dr. Madhur Kumar, Cardiothoracic Surgeon with a token of gift at the end of the session.

Banarsidas Chandiwala Institute of
Physiotherapy



**ALUMNI ASSOCIATION
MEETING**

**"ROLE OF PHYSIOTHERAPY IN
CARDIOVASCULAR DISEASES"**

Dr. Chhaya Singh (PT)

Physiotherapist
CTVS,
Safdarjung Hospital,
Delhi



WORLD
HEART DAY

On

29 Sept 22

Banarsidas Chandiwala Institute
of Physiotherapy



Organizes a Seminar

**Prevention and Risk of
Cardiovascular Diseases**



WORLD
HEART DAY

DR. MADHUR KUMAR

Assistant Professor
Department of Cardiothoracic and Vascular
Surgery
Vardhman Mahavir Medical College &
Safdarjung Hospital New Delhi



29 September 2022