

# Poster Competition: Reduce Reuse & Recycle

28<sup>th</sup> August 2023

## Objective

To creatively create awareness among students about waste management by implementing concept of reduce, reuse and recycle.

## Description

Whenever we notice our surroundings we come across a good number garbage heaps on roadside areas and barren vacant lands. Even in residential areas, the streets and drainage lanes are spoiled with plastic stuffs and kitchen or household wastes. In our homes, if we notice the garbage bins, we realised that we are having a single bin for all the garbage generated and if we try to sort out our garbage we come to know that most of the things in the heap can be used again! Like our kitchen waste the things present in our waste bin contains used tea bags, peels of vegetable and fruits, stale cooked stuffs, paper and plastic food packaging; in this stuff if you notice out the plastic packaging like poly bags, plastic bowls they can be reused again; paper packs, milk packets can be send to recycle hubs; vegetable peels, black tea bags or used tea dust can be used to create manure and stale chapatis and all could be fed to street dogs or other unguarded animals present near your household, hence if you realise all the waste generated in our kitchen could be reused and recycled which in turn help out to reduce our daily waste generation. To trigger the same thought in young minds of our students, Banarsidas Chandiwala Institute of Physiotherapy organized inter batch poster competition on 'Reduce Reuse and Recycle', students of Banarsidas Chandiwala Institute of Physiotherapy participated in the competition. The winner was announced on 31<sup>st</sup> August 2023 and Tannu Vashist, third year student won the competition. The institute to creatively create awareness about this sensitive ecological issue.

