# **Banarsidas Chandiwala Institute of Physiotherapy**

# **Cleanliness Audit**

# Date: 19th December 2024

### Introduction

A Cleanliness Audit was conducted at Banarsidas Chandiwala Institute of Physiotherapy on 19<sup>th</sup> December 2024 as part of the college's ongoing efforts to maintain a hygienic, clean, and sustainable campus environment. The aim of the audit was to assess the existing cleanliness standards across the campus, identify areas for improvement, and recommend strategies for better waste management, sanitation, and hygiene practices.

The audit was designed to evaluate various aspects of cleanliness, including classrooms, common areas, restrooms, outdoor spaces, and waste management systems. The findings of this audit will be used to formulate a comprehensive plan for improving campus cleanliness and sustainability efforts.

#### **Objectives of the Cleanliness Audit**

The specific objectives of the audit were:

- 1. **To evaluate the overall cleanliness** of key areas on campus, including classrooms, restrooms, canteens, corridors, and open spaces.
- 2. To assess the effectiveness of the current waste management and segregation practices.
- 3. To identify areas requiring immediate attention in terms of cleanliness and maintenance.
- 4. **To gather feedback** from students, staff, and faculty on their perception of the college's cleanliness.
- 5. To propose actionable recommendations for improving cleanliness and promoting sustainable practices.

### Audit Methodology

The cleanliness audit was carried out through a structured and systematic process involving the following steps:

### 1. **Preparation:**

- A checklist was prepared covering critical cleanliness and hygiene parameters. The audit team also established a set of evaluation criteria based on the condition of cleanliness, sanitation facilities, and waste management in different areas.
- The checklist covered the following areas:
  - Classrooms and Lecture Halls
  - Restrooms and Washrooms
  - Canteens and Dining Areas
  - Outdoor and Recreational Spaces
  - Waste Disposal and Waste Bins

# 2. Inspection and Observations:

- The audit team conducted a walk-through inspection of various campus areas, observing cleanliness, waste management practices, and sanitation standards. Each area was inspected based on the criteria established in the checklist.
- The condition of waste bins, the segregation of waste, and the availability of cleaning supplies (such as soap and tissue paper) were also assessed.

# 3. Feedback Collection:

- Surveys and informal interviews were conducted with students, faculty, and staff members to gather their opinions on cleanliness and hygiene issues.
- Feedback on the frequency of cleaning, availability of waste bins, and overall cleanliness of the campus was collected.

# 4. Data Compilation and Analysis:

- Data from observations and feedback were compiled and analyzed to identify patterns and highlight areas that required immediate attention or improvement.
- The audit team also compared the actual conditions against the cleanliness standards set by the college.

# Findings

The cleanliness audit revealed the following findings across different areas of the campus:

### 1. Classrooms and Lecture Halls

- General Cleanliness: Classrooms were relatively clean, with dust-free floors and organized furniture. However, several classrooms had accumulated dust in corners and on windowsills.
- **Waste Disposal:** Waste bins were present in most classrooms but were often found full or not properly segregated (wet and dry waste mixed together).
- **Cleaning Schedule:** Cleaning appeared irregular in certain areas. Some classrooms had not been cleaned during the time of the audit, suggesting gaps in the cleaning schedule.
- **Furniture and Equipment:** Desks and chairs in a few classrooms were stained or showed signs of wear and tear, indicating the need for regular maintenance and cleaning.

#### 2. Restrooms and Washrooms

- **Cleanliness:** Most restrooms were well-maintained, with clean floors and sanitary fixtures. However, a few restrooms, particularly in high-traffic areas, had unpleasant odors and required more frequent cleaning.
- **Toiletries and Supplies:** Several restrooms lacked adequate supplies of toilet paper, hand soap, and paper towels. A few were also missing sanitary bins.
- Water Usage and Maintenance: In some restrooms, faucets and taps were leaking, leading to water wastage. Regular checks and maintenance were recommended.
- **Waste Disposal:** There were waste bins available in most restrooms, but some of them were overflowing, and waste was not properly segregated.

#### 3. Canteens and Dining Areas

- **Cleanliness:** The dining areas were generally clean, with regular cleaning of tables and floors. However, during peak hours, food waste was often found on the floor near counters, and the tables were not cleaned promptly after use.
- **Waste Management:** Waste bins were available in the canteen areas, but they were often overflowing. Additionally, waste segregation was not practiced, and recyclable materials were discarded as general waste.
- Sanitation and Hygiene: The kitchens and food preparation areas appeared clean, but there were concerns about proper waste disposal in these areas, which could lead to hygiene issues.

#### 4. Outdoor and Recreational Spaces

- **Gardens and Lawns:** The gardens and lawns on campus were well-maintained, with no visible litter. However, outdoor areas near the entrance and parking lots showed signs of littering, including plastic wrappers and cigarette butts.
- **Waste Bins:** Insufficient waste bins in some outdoor areas led to the accumulation of waste in certain high-traffic spots. Proper placement and regular emptying of bins were needed.
- **Maintenance:** Some benches and outdoor seating areas were in poor condition, requiring repair and regular cleaning.

#### 5. Waste Disposal and Waste Bins

- Availability of Bins: Waste bins were widely available across campus, but their placement was not always ideal. Bins in some areas, particularly near lecture halls and canteens, were often full and not emptied regularly.
- Waste Segregation: Waste segregation was not being consistently followed, with many bins containing mixed waste (wet, dry, and recyclable materials). Awareness programs on waste segregation were recommended.

• **Recycling:** The recycling system was not effectively implemented. Few recycling bins were available, and they were underused. There is an opportunity to encourage recycling more effectively through student involvement and proper signage.

## Recommendations

Based on the audit findings, the following recommendations were made to improve the cleanliness and hygiene standards on campus:

## 1. Improvement of Cleaning Schedules:

- Establish a more regular and systematic cleaning schedule for classrooms, corridors, and restrooms. Increased frequency of cleaning during peak hours will ensure that high-traffic areas remain clean.
- Ensure that cleaning staff are trained to clean all areas, including corners, windowsills, and hidden spaces.

## 2. Proper Waste Segregation and Disposal:

- Reinforce waste segregation practices across campus, especially in classrooms, canteens, and outdoor areas. Clear signage indicating wet, dry, and recyclable waste should be placed next to each waste bin.
- Ensure that all waste bins are emptied regularly, especially in high-traffic areas. Additional bins should be placed near common spaces such as entrances, parking lots, and cafeterias.

## 3. Restocking Toiletries and Maintenance:

- Ensure timely restocking of essential toiletries in all restrooms (soap, tissue, paper towels, and sanitary bins). Regular checks should be made to avoid shortages.
- Carry out necessary repairs to prevent water wastage in restrooms, such as fixing leaking taps and ensuring proper functioning of flush systems.

## 4. Canteen Hygiene and Waste Management:

- Canteen staff should be trained in maintaining hygiene, especially during peak hours when food waste accumulates. Implement strict cleaning routines to ensure prompt cleaning of tables and floors after every use.
- Introduce a proper waste segregation system in the canteen, with designated bins for food waste, dry waste, and recyclables.

## 5. Outdoor Cleanliness:

- Place additional waste bins in outdoor areas, particularly near the entrances, parking lots, and recreational spaces. Ensure bins are regularly emptied to prevent littering.
- Promote a clean campus initiative among students and staff to discourage littering in public spaces.

## 6. Awareness Campaigns:

• Conduct regular awareness programs and workshops for students, faculty, and staff on the importance of cleanliness, proper waste segregation, and sustainability. • Collaborate with student organizations to promote cleanliness through campaigns, events, and active participation in cleanliness drives.

## Conclusion

The **Cleanliness Audit** conducted at **Banarsidas Chandiwala Institute of Physiotherapy** highlighted several strengths in the college's maintenance of cleanliness and hygiene, but also pointed out areas that require immediate attention. By addressing the identified issues and implementing the recommended measures, the college can significantly improve the cleanliness and sustainability of its campus.

Ongoing awareness campaigns, stricter waste management practices, and timely maintenance will not only ensure a cleaner campus but will also foster a sense of responsibility and environmental stewardship among students and staff.

### **Personal Reflections**

Participating in the cleanliness audit was an insightful experience. It highlighted the importance of collective responsibility in maintaining a clean campus. As an individual, I realize how small actions—such as disposing of waste properly, using recycling bins, and encouraging others to save the environment can integrate to a sustainable impact at global level.













